GOOD NEWS FOR HOMEMAKERS

By Shirley W. Walton
Extension Agent

Springtime Helps And Hints

Ironing Board Covers Are Colorful And Practical

Is it time to replace the ironing board cover? An assortment of patterns including florals and bold strips and solid shades are available. They may even match brightly colored fabric on laundry sorters, carts and bags. Covers are usually designed for hear, scorch and stain resistance. Check the label when purchasing to make sure that these features are included in the one you buy. Covers are either made of heavyweight cotton or man-made material such as rayon and generally treated with silicone or teflon finishes.

Read care instructions on the package before cleaning. While a number of covers are machine washable, others need only to be wiped with a damp sponge.

Eight Steps To Laundering By Hand

Most washable items can be machine laundered today. For those things which should be hand washed, follow procedures similar to those for automatic laundering. Some special suggestions are: 1. Sort clothes by color and amount of soil. 2. Pre-treat spots and stains. 3. Use enough detergent or soap to remove soil on garments. (dissolve a granular detergent in water before hand washing. This will keep your clothes from spotting with detergent.) 4. Handle woolens, loose knits, acetates, and silks carefully. They may require little or no agitation. Squeeze suds through these fabrics gently. Never wring or twist. If colored, don't soak these items mor than five minutes.5. Rinse item twice, add fabric softener to the last rinse if desired. 6. Squeeze water gently from garments. Blot excess moisture by rolling in a towel. 7.Hang garment to dry, or lay them flt on a surface if the fabric cloud be stretched out of shape by hanging. Avoid placing items near a heat source to dry.

Key To Successful Spring Painting

Is it time to rejuvenate your metal items such as bicycles, outdoor furniture and other metal accessories? This job can be easily done by spray painting which should be done out-of-doors. The secret to success in spray painting is careful preparation.

Clean the article with detergent and water using a brush to coax grime from crevices. Whenever you are dealing with small crevices, an old toothbrush is a handy item. If necessary, remove wax, polish and grease with a solvent. Lightly sand spots where paint has peeled or rust set in using fine grit emory cloth or #400 wet or dry sand paper. Fill in deep holes or scratches with plastic filler and allow to dry. Sand again.

Rinse and dry thoroughly with clean, soft cloth. Protect the areas not to be painted with masking tape, then apply a spray primer with rust resister. After it drys, sand very lightly, rinse and dry again. Now you are ready to apply the finish coat. Be careful not to over-spray so that the paint will 5un.

Time For Pressure Cooker CLean-Up

A pressure cooker is a popular kitchen helper. Keep it in tip-top shape by washing carefully after each use in warm suds and rinse it. Don't forget the cover and sealing ring. Stubborn, cooked on food particles can be removed with a plastic scouring pad or steel wool soap pad. Clean the vent pipe with a pipe cleaner or small brush. Dry completely and place cover on cooker upside down for storing. Keep the pressure cooker away from heat in order to preserve the sealing ring.

Homemakers, this week we have shared with you several items that we thought would be of help as you go about your busy household duties. It the Appomattox County Extension Office can help you with a homemaking question or problem, call us at 352-8244 or write us at P.O. Box 488, Appomattox, Va. 24522. It is always a pleasure to hear from you and to help you. Have a good week, homemakers!

Recipe Of The Week

Strawberry or Raspberry Swirl

4/4 cup graham crackers
3 tablespoons melted butter
2 tablespoons sugar
Press into bottom of 7 X 11 inch pan. Bake 8 minutes.
3eggs
3/4 cup sugar
8 Oz. package cream cheese
100z. Package of strawberries
1 cup whipped (I use 2 cups cool whip)

Beat egg yolks. Add sugar and cream cheese. Beat until smooth. Beat egg whites until stiff. Fold into chesse mixture along with cream (whipped). Crush berries in blender, swirl half of berries through cheese filling. Spread over crust. Spoon remaining puree on top and swirl. Cover well and freeze. Remove from freezer 20 minutes before serving. This recipe can be doubled with good results.

This recipe was givenme by Mrs. Kathleen Caldwell. She served this at a homemaker's luncheon. Because it was such a hit we used it as recipe of the week and also in a Christmas book. Last week at the annual spring Farm Bureau Meeting, Edith Harris served this. Again, it was such a hit that everyone wanted the recipe. This is not only delicious but it is nutritious and can be easily doubled to make a large dessert. Thanks to Mrs. Caldwell and to Mrs. Harris for sharing this good recipe with everyone.

January Brides

Ancient Greeks felt January was a favored time for marriage as it was sacred to Hera, the goddess of marriage.

APR'79

A FAMILY CAMPING TRIP should be an experience remembered fondly by all. Preparation beforehand can make camping truly enjoyable.

TIPS ON CARING FOR CHINA AND CRYSTAL GIFTS

There was a time when the nicest wedding gifts were carefully packed away and saved for special occasions. Nearly all china and crystal items, for example, were considered too delicate for everyday use.

But brides today can and do put even the nicest presents to regular use. Fortunately, modern eclectic lifestyles make it appropriate and a dishwasher makes it practical. The Maytag Consumer Information Center says that such items are safer in a dishwasher than if washed by hand. The possibility of chipping or breaking is far less in protected dishwasher racks than when being handled with sudsy hands in a sink.

Even though most good dishes can be washed in a dishwasher, there are certain items that should always be handwashed, including hand-painted china and antique china and crystal. The patterns may be affected by the high-temperature water and strong detergents in an automatic dishwasher.

There are other items that need special cleaning attention. For a free copy of a booklet that discusses the entire subject and offers tips on how to make the most of a dishwasher, write: Consumer Information Center, Dept. 125YG, The Maytag Company, Newton, Iowa 50208. †

Victorian White

The custom of bridal white began in 1840 with the wedding of Queen Victoria and Prince Albert.

Now a standard for purity and excellence, white was considered a color of mourning in Biblical times.

Colonial Marriages

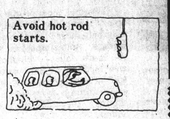
In the early American colonies, marriage was considered an economic necessity and a way of survival.

Arranged marriages were common and considered a means of insuring family lines and improving fortunes.

It's A Fact . . .

The bridal veil originally symbolized woman's subordination to man. In ancient Greece, a bride was usually covered from head to foot with a yellow veil.

In ancient Rome, the traditional bridal veil was red.



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heart of Virginia Festival

MAY 4-6, 1979 FARMVILLE, VA.

Longwood Spaces To Be Added To Parking Areas

Gala Week End Of Activity Set In Farmville, May 4-6

Extra parking areas have been designated for use during the Heart of Virginia Festival, and a full force of police officers will be on hand to assist with the flow of traffic, according to Gerald J. Spates, Farmville town manager.

On Saturday there will be no parking or vehicular traffic in the block of Main Street from Third to Fourth, and up High, to North and Venable. Traffic will be diverted around this area, which is for pedestrians only.

Spates said Longwood College has offered all of its parking areas for the festival traffic, and campus police will be on hand to assist as needed.

"In addition to the Longwood parking spaces, cars will be directed to the municipal parking lots behind the firehouse and at the corner of Virginia and Second Streets," Spates commented. Also available is the lot at the north end of Main Street at the railroad tracks, and the private parking lots behind the various stores and in the shopping centers.

Spates said shuttle buses would be operated from some of the distant Longwood parking lots and from the Farmville Armory if these spaces are utilized.

Are you an antique buff? Do you prefer the arts? Or perhaps your thing is arts & crafts. We've got drama, we've got Bluegrass music or rock singing. What's your pleasure? We've got it all for you!

Did you ever see a unicyclist play a banjo? Did you ever think you'd see a belly dancer on Main Street in Farmville? Or clowns, or magicians?

Well, all this and more are coming your way May 4, 5, & 6 with the "Heart of Virginia" Festival in Farmville. So come one, come all — we're going to have lots to eat, lots to see, and lots to do.

Bill Irvin, Chairman of the 1st annual Heart of Virginia Festival, and Hunter Watson, vice-chairman, enthusiastically invite area citizens to enjoy all the festivities that will be coming to you this week end.

Besides all the scheduled programs and events, there will be food to please every palate. From Brunswick Stew and ham biscuits cooked by the Prince Edward Academy Band Boosters to sweets from the sweet ladies of the VFW and DAV auxiliaries. The Lions Club will provide hot dogs and hamburgers for the Outdoor Arts Festival as will the Jaycettes at the Bluegrass Festival. The Town and County Beautification Council will provide beauty in the way of planters on Main Street as well as sweets. And, we mustn't forget the Farmville Woman's Club, known for their home-made goodies.

Miss Anna Dickhoff, Educational Activities chairman, has coordinated the services of many civic groups to provide educational programming from a CPR demonstration by the Exchange Club to a Glaucoma Testing clinic by the Lions Club.

There will be a petting zoo for the youngsters and a poodle clipping and grooming demonstration.

Members of the 4-H Clubs will be serving as ushers. They will be wearing tags saying "Ask Me". They will assist in giving directions and finding lost children.

The Festival will begin on Friday afternoon and continue through Sunday. Elsewhere in this paper is a detailed schedule of events. In case of rain, plans are being formulated to move all the various aspects of the Festival indoors.

Fill The Streets

What's happening in the great outdoors of Farmville? Dr. Chuck Hutcheson, festive committee chairman, is filling the streets of Farmville with things to see and do for young and old.

The Junior Woman's Club will have a booth where they will paint clown faces on children. Magicians, jugglers and acrobats will roam the streets. All day Saturday, from 10 a.m.-6 p.m. there will be a blocked off area on the Court House lawn with stage and sound systems set up. Recorded music as well as live rock, folk, Bluegrass and gospel, and concert music will be played to entertain you.

The Honorable J. Marshall Coleman, Attorney General of the State of Virginia, will be the keynote speaker at 1:00 p.m.

And at 9:00 p.m. Saturday night the gigantic, colossal fireworks display will be set off from the Armory as a fitting climax to the day's activities.

Whenever there is a massive project in a community such as this "Heart of Virginia" Festival, there are many unsung heroes who must attend to details that few pay attention to, but would miss if they were not available.

Gerald J. Spates, Town Manager and Chairman of the Support Committee, is one such hero. He, along with his committee, has seen to it that there are rest room facilities set up behind the Federal building, and a First Aid Station on High and Main.

They have been responsible for setting up and coordinating stage and sound system, the security system and all parking facilities. They have secured vans and drivers from Longwood College to be used as shuttle bus transportation to and from designated parking areas. They have also seen to it that clean-up people will constantly be around to keep the streets unlittered.

Members of the Junior Woman's Club experiment with painting clown faces in preparation for Saturday's Heart of Virginia Festival. The club will sponsor a booth on Main Street and will have members paint clown faces on children (or the young at heart) at the festival. Beverly Crouch (from left) gives Chris Hay a happy face while Patsy Watson is saddened by Sherry Martin.